



Requesting Services

If you need information on workers' compensation or claim(s) assistance, please don't hesitate to get in touch with our office.

Our staff consists of the Director, Viona Latschaw, and Claims Specialists: Kathy Petruzzelli & Jessica Gallardo. Information on our program, our brochure and a list of resources can be found on our webpage at: www.ProjectHelpWA.com

For workshops or presentations contact the Project Help office on our toll free line.

For claims questions or concerns call our toll-free line and talk with a Claims Specialist.

1-800-255-9752

PROJECT HELP

About Us - Overview

Resource

Project Help serves as a resource for injured workers, unions and employers by providing them information and assistance regarding their entitlements under the workers' compensation laws of Washington State, Title 51 RCW through claims and workshops.

The program is a cooperative effort between Washington State Labor Council, AFL-CIO and State of Washington Department of Labor and Industries, funded by client service contract through the Department of Labor and Industries. We have been in service since 1986.

Assistance

Project Help assists with state fund and self-insured claims by providing help in any phase of the workers' compensation process; from initial filing of a claim to claim closure. Our goal is to assist in early and successful claims resolution, ensure that all rights are preserved and protected and to reduce unnecessary litigation. This is accomplished by providing accurate and timely information at no cost to the worker, the union, medical provider, employer and other interested parties.

We offer education and free one-on-one claim guidance to injured workers. We are not attorneys; we help people understand the claim process, increase awareness, as well as educating on rights and responsibilities under workers' compensation laws. We offer explanations as individuals navigate through the Labor and Industries system, helping to expedite fair and speedy resolution of claims. Staff is granted security clearance access to the Labor and Industries data system where claims can be reviewed. We have the ability to email claim managers/adjudicators directly and we work in collaboration to resolve claim concerns.

Education & Training

In conjunction with Labor and Industries representatives, we provide educational workshops throughout the state. Our group workshops offer a fundamental view of workers' compensation and the information is presented in an unbiased and accurate format. Workshops can be modified to meet specific union/employer needs. We provide conferences, convention workshops, seminars and participate/facilitate labor/management activities.